



BenEssere Insieme

Occupational therapy, work inclusion, and independent living for people with mental and psychosocial difficulties

The project aims at **strengthening community-based psychiatric rehabilitation services for people with mental and/or psychosocial difficulties in the municipality of Tirana** by capacity-building social and healthcare staff and offering opportunities to learn skills essential for employment inclusion and independent living.



BUDGET

1.206.636,33 Euro

IMPLEMENTING
PARTNER



PARTNERS

Associazione Comunità Papa Giovanni XXIII
Nisma peer Ndryshim Shoqeror ARSIS
Tirana University - Faculty of Social Sciences

DURATION

36 months

INTERVENTION AREA

Tirana

CHANNEL

Projects promoted by
Civil Society Organizations

BENEFICIARIES

211 people with mental and/or psychosocial disabilities;
33 social and health workers;
400 students from the Faculties of Psychology and Social Services;
4,000 school students in Tirana (ages 6-18);
200 families from the Municipality of Tirana (400 adults);
40 officials from ministries and the Municipality of Tirana



RESULT 1

Increased the employability of people with mental and/or psychosocial disabilities in the Municipality of Tirana through the strengthening of occupational therapy and the provision of preparatory courses for employment.

RESULT 2

Promoted the right of people with mental and/or psychosocial disabilities in the Municipality of Tirana to live a dignified and independent life through the testing and dissemination of a social housing program tailored to the specific characteristics and needs of the target audience.

RESULT 3

Trained and raised awareness among Albanian academics, institutions, and the general public regarding the right to rehabilitation and social inclusion of people with mental and/or psychosocial disabilities.



AICS TIRANA
REGIONAL OFFICE

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ITALIAN AGENCY
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COOPERATION